

RIDE 4 FUN

IOWA COUNTY 4-H HORSE PROJECT

Welcome to the **Ride 4 Fun Program** sponsored by the **Iowa County 4-H Equine Board**. It is based on a similar program sponsored by the American Quarter Horse Association, where members record hours spent riding their horse. Any 4-H member enrolled in the 4-H Horse project is eligible to participate in this program.



The **Ride 4 Fun** program includes three parts:

- I. **Goal Setting:** Members set two goals for what they want to accomplish in the **Ride 4 Fun** program. Some examples of goals are: *“I will ride my horse 3 hours per week”* or *“I and my horse will learn to canter one time around the circle”* or *“I will learn about the nutritional needs of my horse.”* At the end of the year, members will review their goals to see if they accomplished what they wanted.
- II. **Record Keeping:** Members record the number of hours spent with their horse or at horse education programs. This might be hours riding or grooming or attending clinics or working with the drill team or at horse bowl practices. Each member records the date and the amount of time.
- III. **Health Log:** Members record immunizations, worming, hoof care, vet visits, illness and injury. The members will have a record of health care and know when updates and boosters are needed.

Each of these activities will help 4-H Horse project members learn skills in record-keeping, goal setting, responsibility, and horse care.

There will be an opportunity to enter this project at the fair with premiums awarded. Members will enter their records, perhaps in a binder with photos. Watch the 4-H newsletter or the fair book for more information about this.

We hope you have fun in the **Ride 4 Fun** program!

The Iowa County 4-H Equine Board



HORSE HEALTH RECORD

Year _____

Owner _____

Horse _____

Sex _____

Height _____

Weight _____

Vaccination History			Worming	
Disease	Dates		Date	Type
Encephalomyelitis				
Influenza				
Rhinopneumonitis				
Strangles				
Rabies				
Tetanus				
Other (West Niles)				

Hoof Care

Date	Comments

Medical History (dental, sickness, injury)

Date	Comments